REGINA metro®

NEWS WORTH SHARING.

Discover our beautiful nature walks

Call today to take the first step:

306-992-5989 • reginamemorial.ca

Regina Memorial Gardens
by Arbor Memorial

Arbor Memorial Inc.

FROM CHIMPAN-'A' TO CHIMPAN-'Z'

METRO FOLLOWS THOSE DAMN DIRTY APES FROM THE MAKEUP-HEAVY EARLY FILMS TO THE LATEST CGI BLOCKBUSTER PAGE 7

TOUGH TO SWALLOW

An emotional Brazil fan reacts after his team is defeated by Germany 7-1 during the 2014 World Cup semifinal match on Tuesday in Belo Horizonte. The loss was Brazil's heaviest in World Cup history, leaving the host country stunned. Story, page 11. LAURENCE GRIFFITHS/GETTY IMAGES

Fans pour into Craven Country Jamboree site

Little bit country. Festival site dry, despite region's extensive flooding; reserve sites sold out last week

Some are going there to party, and some are going to meet up with old friends at the Craven Country Jamboree north of Regina.

During the five-day jamboree, Craven becomes the third-largest town in Saskatchewan.

Anywhere from 25,000 to 28,000 people are expected for the music festival, which features country stars such as George Canyon, Gord Bamford and Dierks Bentley.

"(I'm looking forward to) everything, especially meeting friends out here that we've met for so many years," said Gloria Fandrick, who was near the front of the line when the gates opened on Tuesday morning.

"It's just so much fun to visit with them again because you only see them once a year, so it's nice."

The music starts on Wednesday and the festival runs until Sunday.

And thanks to a drainage system installed this past spring, Craven marketing director Kim Blevins said the site is dry for the first time in years — despite a deluge of rain flooding other areas of the province last week.

She added that the area is actually a little dusty this week, and joked that they might have to purposely water the grounds.

Fandrick has been coming to Craven every year since it started, with the exception of the years that it switched from country to rock music.

As a country fan, she is especially excited to see Keith Urban on Sunday because she has never seen him perform live.

The festival has increased the number of reserve sites and decreased the number of general camping sites that are available as people drive up.

All of the reserve sites sold out last week, so people who didn't book in advance might be out of luck.

THE CANADIAN PRESS/CJME WITH FILES FROM METRO

More than just tunes

Events taking place at the fest include a junior steer and bull riding event, a songwriter circle and a hypnotist.

Ambassador COFFEE BOUTIQUE
520 University Park Drive
Regina SK, S4V 2Z3
T: (306) 569-3777
4127 Rochdale Boulevard
Regina, SK S4X 4P7
T: (306) 569-2070

NEW!
Nespresso Compatible Capsules

CALIBER COFFEE ROASTERS
@CaliberCoffee
SUPPORT LOCAL CAFÉS

Craft roasted in Regina & proudly served at:
Daisy's Pantry
1221 15th Ave,
Regina, SK S4P 0Y8

Don't Be That Guy

Poster campaign tackles sexual-assault incidents

Regina launched the second phase of its Don't Be That Guy poster campaign on Tuesday, aiming to decrease the number of sexual assaults in the city.

The new posters advocate against non-consensual sex among intoxicated men and women.

They will appear at 31 bars in Regina and at the Craven Country Jamboree's beer garden this weekend.

The project is a joint effort of various Saskatchewan sexual assault associations and Regina police.

SARAH TAGUIAM/METRO

Sexual Assault Services of Saskatchewan's Dianna Graves, far left, Regina Sexual Assault Centre's Debbie House and Regina police Chief Troy Hagen at the campaign launch at the Press Box bar on Tuesday. SARAH TAGUIAM/METRO

Going back a decade

Police hope for tips in case of missing girl

RCMP hope a mother's plea will jar someone's memory about a missing Saskatchewan girl who police believe was murdered.

It has been almost a decade since 13-year-old Courtney Struble disappeared while walking home in Estevan.

Her mother, Joy Struble, says she can't get over the loss of her daughter and hopes someone will come forward with tips to police that might solve the mystery.

RCMP are putting new posters up around Estevan asking people to join in the search.

THE CANADIAN PRESS

On the web

For more local news, go to metronews.ca

Fringe fest goes mainstream through social media push

Online presence. The festival is also celebrating its 10th anniversary

SARAH TAGUIAM
sarah.taguiam@metronews.ca

The Regina Fringe Theatre Festival is dabbling increasingly with the mainstream by boosting its social media presence to reach a wider audience.

The festival, which will run from Wednesday to Sunday, is celebrating its 10th anniversary. And producer Jodi Sadowsky hopes to celebrate it with larger audiences through the help of Twitter, Facebook and Instagram.

"We're really trying to increase that presence, because that's a part of society now — and you want to reach out to people online and be a part of that buzz," Sadowsky told Metro on Tuesday at the Artesian.

The festival had about 3,000 attendees last year. This time around, it's aiming to draw a total of 5,000 to the independent theatre shows at the Artesian and three other venues.

To reach that goal, the Fringe team has redesigned its website to make it more user-friendly and increased its number of social media liaisons.

Six liaisons will post show reviews on Facebook, Twitter and the Fringe website. Snapshots of the events will also be documented on Instagram.

Despite the focus on digital promotions, however, the team is working to retain the festival's characteristic understated charm.

"Regina Fringe Fest seems much more intimate," said Gemma Wilcox, a British actress and playwright with the one-woman show The Honeymoon Period Is Officially Over.

"Smaller fringe festivals tend to be really nice, because it's not as overwhelming as big festivals — and you get to connect with the audience more, which is impossible in bigger cities."

Wilcox's play about a young woman navigating her various relationships, specifically her marriage, will be among the 18 local, national and international performances.

Regina Fringe Theatre Festival producer Jodi Sadowsky, right, speaks about the event's social media plans while actress and playwright Gemma Wilcox rehearses her one-woman show The Honeymoon Period Is Officially Over on Tuesday at the Artesian. SARAH TAGUIAM/METRO

Volunteers Needed
Early Cognitive Development Lab

The Early Cognitive Development Lab is looking for children between the ages of 0 to 10 for studies on how children learn.

University of Regina
Phone: 306-585-4396
Email: earlycogdevlab@gmail.com

Regina Summer Stage presents
Into the Woods
July 10th-13th
Regina Performing Arts Centre
Tickets: 306-779-2277

Chicago. Independence Day weekend violence claims 15th gun victim

Chicago's Independence Day weekend death toll has climbed to 15 with the death of a man who was shot just before midnight Sunday.

The Cook County Medical Examiner's Office says 25-year-old William Allen was pronounced dead Monday afternoon. Police say Allen was shot Sunday night.

Allen was one of more than 50 people shot over the long Fourth of July holiday weekend. The killings continued Monday with the slayings of three people — the first two early Monday and the third on Monday night on Chicago's South Side.

The Chicago Sun-Times reports that the latest victim was a 19-year-old woman who was shot in the back by a gunman who rode up on a bicycle and opened fire. THE ASSOCIATED PRESS

Chicago police Supt. Garry McCarthy speaks at a news conference. THE ASSOCIATED PRESS FILE

Six Flags. Roller-coaster hits tree branch, riders left dangling for hours

A roller-coaster hit a tree branch at the Six Flags Magic Mountain amusement park in Valencia, Calif., Monday, dislodging the front car, leaving four people slightly injured and keeping nearly two dozen summer fun-seekers hanging six to nine metres in the air for hours as day turned to night.

Two of the four people hurt on the Ninja coaster were taken to a hospital as a precaution, but all the injuries were minor, fire and park officials said.

"We were going across one turn and all of a sudden a loud noise happened," Jeremy Ead, one of the injured riders, told KCAL-TV. "I ducked down just in time. A hard branch hit me in the head. I was there bleeding from my head, which was a little worse than this," he said, pointing to a gash in his forehead.

The coaster hit the branch at about 5:30 p.m. and stopped, said Michael Pittman, a Los Angeles County Fire Department dispatch supervisor. It was nearly three hours later before all 22 of the riders were rescued.

Televised news reports showed at least one of the cars that normally are suspended beneath the track dangling at an angle, derailed at the front.

The accident comes nearly a year after a woman was ejected from a roller-coaster at Six Flags Over Texas in Arlington and died. The death was ruled an accident, but her family has sued both Six Flags and the German company that built the coaster's trains, both of whom denied any wrongdoing. THE ASSOCIATED PRESS

Six Flags Magic Mountain park security monitor the situation after riders were injured on the Ninja coaster on Monday in Valencia, Calif. ANDY HOLZMAN, LOS ANGELES DAILY NEWS/THE ASSOCIATED PRESS

The "Prince of Pot" Marc Emery and his wife, Jodie, in Vancouver in this May 2010 photo. Emery is expected to be released from prison in the United States within days, but it could be weeks before he and his followers can celebrate his freedom. JONATHAN HAYWARD/THE CANADIAN PRESS

'Prince of Pot' prepares for U.S. prison release

New landscape. Canada's Marc Emery meets a different world upon release

When the poster child for marijuana legalization is released from a U.S. prison later this week, he'll be re-entering a world where many of his ideas have taken root and in some places have sprouted right up.

Marc Emery, Canada's self-styled "Prince of Pot," concludes a five-year sentence on Wednesday and will emerge into a lucrative marijuana landscape, where two U.S. states are now issuing recreational pot licences and medical growers are reaping profits.

The 56-year-old Vancouver resident was extradited to Seattle in May 2010, when he pleaded guilty to selling marijuana seeds from Canada to American customers before serving his time in several U.S. corrections' facilities.

On Monday, Washington state distributed for the first time licences to 24 shopkeepers who will hawk legal marijuana, while New York simultaneously became the 23rd U.S. state to authorize pot as medicinal treatment.

"I wish he hadn't gone to prison," said his wife, Jodie Emery, in an interview.

She lauded her husband for spurring much of the shift in legal regulations and social consciousness while he's been locked away.

"Marc (can take) a lot of credit for everything happening in the United States. And of course it's a wonderful feeling to see that his mission has been accomplished," said the 29-year-old, who's assumed much of the advocacy work and has been managing their marijuana paraphernalia store.

Emery will be transported on Thursday to a private deportation facility in Louisiana, where paperwork must be completed and a flight booked to Detroit. His estimated return is between Aug. 10 and 25. THE CANADIAN PRESS

Strengthened

"I can't wait to get home to thank you all ... and resume the unfinished battle to finish off marijuana prohibition with renewed vigour."

Marc Emery in his final blog post from prison

Recreational pot sales start in Washington

Washington on Tuesday became the second state to allow people to buy marijuana legally in the U.S. without a doctor's note as eager customers who lined up outside stores made their purchases and savoured the moment.

People began buying marijuana at 8 a.m. at Top Shelf Cannabis, one of two Bellingham stores that started selling the drug as soon as it was allowed under state regulations. Several dozen people waited outside before the doors opened at the shop in this liberal college town of about 80,000 north of Seattle.

Cale Holdsworth, 29, of Kansas, made the first purchase: two grams of pot for $26.50. As customers applauded, he held his brown bag aloft and said, "This is a great moment."

The start of legal pot sales in Washington marks a major step that's been 20 months in the making.

Washington and Colorado stunned much of America by voting in November 2012 to legalize marijuana for adults over 21, and to create state-licensed systems for growing, selling and taxing pot. Sales began in Colorado on Jan. 1.

Washington issued its first 24 retail licences Monday. An Associated Press survey of the licensees showed only about six planned to open Tuesday. Some were set to open later this week or next, while others said it could be a month or more before they could acquire marijuana to sell. THE ASSOCIATED PRESS

How it works

Washington law allows the sale of up to an ounce of dried marijuana, 16 ounces of pot-infused solids, 72 ounces of pot-infused liquids or seven grams of concentrated marijuana, like hashish, to adults over 21.
Although more than 2,600 people applied to become licensed growers, fewer than 100 have been approved.

Critics say $20M pledge is not enough to help sex workers quit

'It's a start, but that's all it is.' Five-year commitment from the Harper government is not part of Bill C-36

A diverse chorus of aboriginal women, police leaders and former prostitutes took turns Tuesday denouncing as insufficient the Harper government's five-year, $20-million pledge to help sex workers leave the industry.

The steady barrage of criticism came on the second day of rare summer hearings by the House of Commons justice committee as it examines Bill C-36, the government's proposed new prostitution bill.

The offer of funding fits the so-called "Nordic model" that several Scandinavian countries have adopted to fight prostitution, and which the Harper government's proposed legislation appears designed to emulate.

In addition to making it illegal to be a client or a pimp, the Conservative government approach calls for social spending to help exploited women get out of the sex industry.

Justice Minister Peter MacKay has said the government hopes the funding, along with the new bill will foster an end to prostitution entirely.

"From our perspective, $20 million is peanuts," said Michele Audette, president of the Native Women's Association of Canada.

Rick Hanson, Calgary's police chief, described the $20-million pledge, which he said amounts to $125,000 a year in Calgary, as "woefully inadequate."

Hanson said the underlying causes of prostitution — child abuse, drug addiction and domestic violence — need to be addressed.

"I can tell you that $20 million, when you actually spread it across five years, and you spread it across the country, it's a start, but that's all it is — it's a start."

The $20-million commitment is not part of the actual bill. THE CANADIAN PRESS

It's a hard-knock life for Showhomes' home managers

Dareda Mueller, 56, left, and her son Jordan, 21, wash dishes after the family's dinner together in the home they manage for Showhomes in Tampa, Fla. Showhomes' "home managers" are an elite crew of middle-class nomads who are tasked with keeping the luxury homes they live in so immaculate to the point of not looking lived-in at all. It is, as the company's executives called it, "a very different, very difficult life." To see more photos of how this family lives, scan the picture with your Metro News App.

WILL VRAGOVIC/TAMPA BAY TIMES/THE ASSOCIATED PRESS

Alberta

Court rules Omar Khadr should be transferred to provincial jail

A lawyer for former Guantanamo Bay detainee Omar Khadr says an Alberta court ruling ordering his transfer to a provincial jail gives him a new avenue to apply for freedom.

But Khadr's bid for release could be put on hold.

The Alberta Court of Appeal said in a unanimous decision Tuesday that the 27-year-old should be serving a youth sentence in Canada, and should not be in a federal prison.

Within three hours, the federal government issued a statement saying it plans to appeal the ruling and will apply to delay the transfer while it asks the Supreme Court to hear the case. Public Safety Minister Steven Blaney said a youth sentence is not appropriate for someone such as Khadr.

THE CANADIAN PRESS

Middle East

Israel begins attacks against Hamas in Gaza

Israel on Tuesday launched its largest offensive in the Gaza Strip in nearly two years, carrying out a blistering aerial assault, killing 25 people in what officials called an open-ended operation aimed at ending weeks of heavy rocket fire.

As Gaza militants unleashed salvos on cities, Israel mobilized forces along the border for a possible ground invasion.

The offensive set off the heaviest fighting between Israel and the Islamic militant group Hamas since an eight-day battle in November 2012. The militants fired about 160 rockets at Israel, including a strike that reached the northern city of Hadera for the first time, while Israel said it attacked more than 150 sites across Gaza. Palestinian medics reported at least 25 dead.

THE ASSOCIATED PRESS

Maryland. Scientists find decades-old smallpox vials in FDA building

A government scientist cleaning out an old storage room at a research centre in Maryland made a startling discovery last week — decades-old vials of smallpox packed away and forgotten in a cardboard box.

The six glass vials were intact and sealed, and scientists have yet to establish whether the virus is dead or alive, the Centers for Disease Control and Prevention said Tuesday.

Officials said this is the first time in the U.S. that unaccounted-for smallpox has been discovered. At least one leading scientist raised the possibility that there are more such vials out there around the world.

The freeze-dried smallpox samples were found in a building at the National Institutes of Health in Bethesda, Md., that has been used by the Food and Drug Administration since 1972, according to the CDC.

No one has been infected, and no smallpox contamination was found in the building.

Smallpox was one of the most lethal diseases in history. For centuries, it killed about one-third of the people it infected. Global vaccination campaigns finally brought smallpox under control.

After it was declared eradicated, all known remaining samples of live virus were stored at a CDC lab in Atlanta and at a Russian lab in Novosibirsk, Siberia.

THE ASSOCIATED PRESS

Second incident

- It was the second recent incident in which a U.S. government health agency appeared to have mishandled a highly dangerous germ. Last month, many CDC employees in Atlanta were feared exposed to anthrax.

Oklahoma. iPhone travels to Japan before being reunited with owner

An Oklahoma farmer's iPhone that was lost when it fell into a grain elevator has been returned to him unscathed after it was found in Japan.

Kevin Whitney lost the phone in October when it slipped out of his shirt pocket as he was unloading grain from a truck into a silo in Chickasha.

The load travelled to a depot in Convent, La., and then loaded onto a ship bound for the island of Hokkaido, Japan.

A worker at a Japanese facility phoned a counterpart in Louisiana, who then called Whitney in late May asking if he lost an iPhone.

Whitney says he's glad to get the phone back because it had photos stored on it from his daughter's wedding and vacation, and he thought those were lost forever.

THE ASSOCIATED PRESS

This March 2013 photo provided by Kevin Whitney shows Whitney with his daughter Katie at her wedding in Texas. COURTESY KEVIN WHITNEY/THE ASSOCIATED PRESS

A man holds a soda pop bottle as he walks under a sign opposed to taxes on sugary drinks posted in the window of Casa Thai Market in San Francisco Monday.
JEFF CHIU/THE ASSOCIATED PRESS

Attempt to hike pop tax is going flat in America

Bubbled up and over.
Repeated efforts in the U.S. to tax sugary drinks at higher levels, like cigarettes, have failed

If two of the most progressive U.S. cities don't pass a tax on sugary drinks, will the idea finally fizzle out?

Sugary drinks have been under fire for years, with many blaming them for rising rates of obesity and chronic diseases. Yet efforts to curb consumption by imposing taxes and other measures have failed, in part because the beverage industry has spent millions to defeat the efforts.

Now, the question of whether a bottle of Dr Pepper with 64 grams of sugar should be treated like a pack of cigarettes is being considered in San Francisco and Berkeley, with the two California cities aiming to become the country's first to pass per-ounce taxes on sugary drinks.

The stakes are high, especially given the Bay Area's reputation for liberal politics. If approved, Coca-Cola, PepsiCo and other companies fear it could galvanize health advocates elsewhere. If defeated, the idea of a soda tax could be dead.

"The industry is really motivated to beat us here. If they can beat us in San Francisco and Berkeley, nobody is going to take them on," said Larry Tramutola, the political consultant handling the campaign in support of the tax in Berkeley. The odds aren't in favour of taxes. Since 2009, about 30 special taxes on sugary drinks have been introduced around the U.S. Few have gained traction and none have prevailed.

THE ASSOCIATED PRESS

Potato-salad party?

You like potato, I like potahto — let's have a party!

An Ohio man who jokingly sought $10 US to pay for his first attempt at making potato salad has raised more than $37,000 from a crowdfunding Internet site.

Zack "Danger" Brown, of Columbus says he's now considering throwing a huge public potato-salad party with the money, which started pouring in after his request took on a life of its own.

Six days into the campaign, he's raised money from more than 3,400 backers worldwide.

The 31-year-old co-owner of a software company says he hasn't been getting much sleep.

Brown tells The Columbus Dispatch that he did it for the "pure enjoyment and silliness of life." THE ASSOCIATED PRESS

Market Minute

DOLLAR
93.66¢
(no change)

TSX
15,137.18 (-35.75)

OIL
$103.40 US (-$0.13)

GOLD
$1,316.50 US (-$0.50)

Natural gas: $4.20 US (no change)
Dow Jones: 16,906.62 (-117.59)

Elkhorn
Manor
On Clear Lake
Situated in Riding Mountain National Park, Clear Lake Golf Course boasts a majestic view of the lake, and remains one of the most unique & beautiful, must-play eighteen hole courses in Manitoba. Choose from the Stay & Play Packages, made available in partnership with Elkhorn Resort. So grab your friends and leave your worries behind for a relaxing time on the greens of Clear Lake Golf Course.
Stay & Play Packages
Starting from only $99 +taxes/person.
One night stay in a deluxe room.
One round of golf with cart.
Check in Sunday to Thursday nights and golf Monday to Friday
Price based on double occupancy.
CHECK OUT OUR WEBSITE FOR MORE PACKAGES
Elkhorn Resort
Spa & Conference Centre
1.866.ELKHORN • (1.866.355.4676)
www.elkhornresort.mb.ca
Clear Lake Golf Course
1.204.848.4653
www.clearlakegolfcourse.com
club metro .COM TO ENTER
YOU COULD WIN
A 2 NIGHT STAY WITH 4 ROUNDS OF GOLF
TWO PRIZES TO BE WON
No purchase necessary. Terms and conditions apply. Visit clubmetro.com

SO YOU WANT TO BE A LEMONTREPRENEUR ...

JUST SAYIN'

Paul Sullivan
metronews.ca

OK, kids. School's out. The sun is shining. Are you thinking what I'm thinking?

Yup, it's time to open a lemonade stand.

Don't roll your eyes at me, Buster, and listen up. Lemonade stands are a kid rite of passage. Capitalism with training wheels.

It's easy! The barriers to entry are ridiculously low. All you need is a card table, a hand-painted sign and, of course, a big, frosty jug of product.

Don't worry about all those bylaws and regulations you are no doubt violating. At this stage of the game, everyone thinks you're cute because you're eight. If the cops try to shut you down, you post the bust on Instagram and in no time, you're viral.

It's not until you turn into Conrad Black that you have to worry.

You probably won't be surprised, but the Internet is full of advice for budding lemonade magnates. Ten tips for this, 15 tips for that. It gets so complicated, you might as well go straight to a food truck and skip the MBA altogether.

You really need to keep a couple of key points in mind:

Let's face it. Being cute is your primary product. It helps to have big eyes and dimples. The cuter you are, the more you can charge for the lemonade. If you're not cute, find a partner who is. Plus, if there's more than one of you, you're covered if you have to go to the bathroom.

And speaking of pricing, lemonade expert Norm Brodsky (there is such a thing) recommends charging $1.25-$1.50 a cup because you're cute. That's great, but discount pricing is more effective. Start with 99 cents a cup and escalate by 10 cents for every two-degree increase in air temperature. Cute is good, but thirsty is better. Of course, we don't have pennies anymore, but 99 cents still sounds like a bargain to potential customers and everyone's OK with rounding it up to a buck. If things are slow, offer the second glass free. Works at the outlet mall.

My other tip is don't go all artisan on your first try. Fresh-squeezed local organic lemonade may sound good, but it's expensive and labour-intensive. You want to spend your time counting your profits, not squeezing lemons. You're looking for a reliable, tasty product, which is available at your friendly neighbourhood supermarket. Pour the carton into a jug filled with ice, and eureka: fresh lemonade, not from concentrate. Add a little sugar if you like. Works for Coca-Cola.

Not just kiddie stuff

Just sit there and eventually everyone else will pack it in. Trust me, this works too. Even when you're all grown up.

Don't worry about the competition. At this point, it's all about attention span, and you know from experience that the average eight-year-old's is about four seconds. Just sit there and eventually everyone else will pack it in. Trust me, this works too. Even when you're all grown up.

Finally, do not keep cash on hand. Never forget there are big kids out there who have their own business plan.

And welcome to the real world, sunshine!

DUCKING BRILLIANT

Two-week-old ducks swim in a newly planted rice field on Tuesday in Ichikawa, Japan. Duck-rice farming, an eco-friendly alternative to using chemical pesticides, was developed by Japanese farmer Takao Furuno in 1989, who wrote a book about the technique called The Power of Duck. BUDDHIKA WEERASINGHE/GETTY IMAGES

The Power of Duck: The cuter, more eco-friendly way to farm

Developed in 1989 by Takao Furuno, a farmer in Fukuoka prefecture in Japan who rediscovered a 1,000-year-old technique, duck-rice farming allows for the production of healthy and delicious rice while relying on less labour than other methods.

From its beginnings, it has made its way to nearby rice-growing countries like South Korea, China, Vietnam, the Philippines, Thailand, and faraway ones like Iran.

Rice grown using this method is more resistant to typhoons and other problems, and some farmers who have begun using it have called it a "gift from God."

This method is beneficial from a cost standpoint in that farmers will no longer have to purchase expensive chemical fertilizers or pesticides.

And the fact that extra money can be made when the fully grown ducks are sold off is another factor that many find appealing. WEB-JAPAN.ORG

No quackery here

The method involves releasing aigamo ducklings into a rice paddy about one or two weeks after the seedlings have been planted.

- The ducklings help the rice seedlings grow by eating both insects and weeds that get in the way.
- In addition, their droppings become an important source of natural fertilizer.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...

DOWNLOAD METRO NEWS APP | FILL SCREEN WITH IMAGE TO SCAN | METRO AR IMAGE JUMPS TO LIFE

metro AR

In this issue, you can find AR enhancements on page 4 in News, page 7 in Scene, page 9 in Life and page 11 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

metro AR

MetroTube

Potential beary scary ending averted

ANDREW FIFIELD
andrew.fifield@metronews.ca

Among the rites of spring and early summer are bears shaking off the cobwebs of a very long sleep and lumbering out into the world in search of some breakfast. Sometimes that search takes them into homes. Sometimes it takes them into vehicles.

However, sometimes it also takes them headfirst into a jar, a situation that can have a very sad end if they get stuck. Which is why we're happy for the efforts of heroes like these Wisconsin gentlemen, who enlisted the help of a tree-lugging hunk of heavy equipment called a forwarder to ride to the rescue. (Vern Styles/YouTube)

MARLENA SLOSS/THE JUNEAU EMPIRE/THE ASSOCIATED PRESS

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Regina** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Kim Kintzle • **Distribution Manager:** Darryl Hobbins • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO REGINA** 1916 Dewdney Avenue Regina, SK S4R 1G9• **Telephone:** 306-584-2025 • **Toll free:** 1-877-895-7194 • **Fax:** 1-888-243-9726 • **Advertising:** adinforegina@metronews.ca • **Distribution:** regina_distribution@metronews.ca • **News tips:** regina@metronews.ca • **Letters to the Editor:** reginaletters@metronews.ca

Monkey-maker shake up

Suiting up as a simian. Going ape gets simpler as new Dawn of the Planet of the Apes trades time in the make-up chair for the magic of digital

IN FOCUS
Richard Crouse
scene@metronews.ca

Andy Serkis in Dawn of the Planet of the Apes. CONTRIBUTED

AUGMENTED REALITY

→ Want to watch something awesome? Scan this photo with your Metro News app to watch a video of the actors from Dawn of the Planets of the Apes transform into their ape characters.

→ See the full instructions on Metro's Voices page.

Roddy McDowell's 1974 appearance on the Carol Burnett Show was something a little different. How often do you see a big TV star singing a love duet with an ape?

Burnett introduced McDowell as, "one of Hollywood's most familiar faces," then feigned shock when the actor came onstage in a tuxedo, but in full Planet of the Apes facial make-up. McDowell starred in four of the Planet of the Apes films and in the TV series.

For the next few minutes they engaged in some tomfoolery — McDowell says he's been working on his tan in Palm Springs and when asked which of his movies has had the most profound effect on him he sidesteps the obvious and recites a soliloquy from Cleopatra — before launching into a spirited version of the Jerome Kern love ballad They Didn't Believe Me. By the end of the tune the audience roars as Burnett warbles, "When I told them how wonderful you are, they didn't believe me," as she mimes picking a bug off his lapel.

Later she thanks Roddy for undergoing the three-and-a-half hours it took to put on the make-up for that bit of funny business.

It's not likely you'll see Andy Serkis, star of the latest slice of simian cinema, Dawn of the Planet of the Apes, partaking in the same kind of promotional monkey business.

These days Serkis, who is best known for his motion capture performance of Gollum in the Lord of the Rings films, performs on a soundstage in front of multiple cameras that film his performance from every angle. He wears a body suit dotted with spots that allow the computers to register even the slightest movement. Serkis calls this "a magic suit" that "allows you to play anything regardless of your size, your sex, your color, whatever you are." Later, in post production the "digital make-up" adds in the costume and character details.

It saves hours in the make-up chair, but is no less a performance than McDowell's more organic approach. "I've never drawn a distinction between live-action acting and performance-capture acting," Serkis says. "It is purely a technology. It's a bunch of cameras that can record the actor's performance in a different way."

Roddy McDowell in the original Planet of the Apes. CONTRIBUTED

Hair-raising experience

Times have changed since McDowell had to endure untold hours in the make-up chair, then smoke using an extra long cigarette holder so as not to light his faux fur on fire.

- "It's about a foot long and makes me look like the weirdest monkey you ever did see," McDowell told Newsday.

By quidditch! Weasley balding, Potter greying

Harry Potter author J.K. Rowling. CONTRIBUTED

Fictional boy wizard Harry Potter made his first appearance in seven years on Monday, featured as a nearly 34-year-old with grey hairs in a new short story by author J.K. Rowling.

In an article on her Pottermore website that is supposedly written by a gossip columnist, Harry and his friends reunite for a tournament of the broomstick-riding game quidditch.

Harry's redheaded friend Ron Weasley is said to be thinning on top while Ron's wife Hermione and Harry's wife Ginny are all featured in the 1,500-word story.

Millionaire author Rowling meanwhile gives a teaser when she writes that Harry sports a new scar on his cheek to go with the lightning-shaped one on his forehead.

"About to turn 34, there are a couple of threads of silver in the famous Auror's black hair, but he continues to wear the distinctive round glasses that some might say are better suited to a style-deficient twelve-year-old," the story says.

There is a further hint of things to come when the story asks whether the "chosen one" is "embroiled in fresh mysteries that will one day explode upon us all, plunging us into a new age of terror and mayhem."

The piece is written as a gossip column by Rita Skeeter of the Daily Prophet, a character from the Potter books who draws on the author's own vocal criticisms of tabloid journalism.

The article is part of a series about the "2014 Quidditch Cup" — a nod to the football World Cup in Brazil — that is set to appear on Pottermore, a website focusing on the boy wizard that launched in 2011.

The final article will be published on Friday, and will see Ginny Potter, now a journalist, cover the cup final, between Brazil and Bulgaria.

Rowling announced in September that she will make her screenwriting debut by penning a series of spin-off films set in the Potter world, starting with Fantastic Beasts and Where to Find Them. AFP

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Jennifer Lawrence ALL PHOTOS GETTY IMAGES

JLaw shows Emma Watson some goofy love with playful shove

Jennifer Lawrence is at it again. The Hunger Games star headed to Paris for the Christian Dior fashion show held during Paris Haute Couture Fashion Week looking lovely as always, though she did risk a wardrobe malfunction by almost flashing a bit of side-boob upon her arrival.

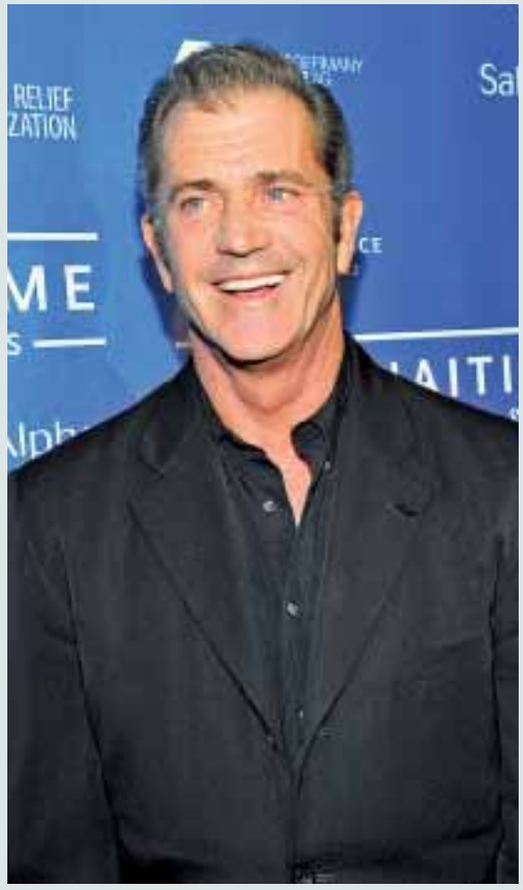
Not that she was at all fazed. Later, with a strategically placed leather jacket added to her outfit, Lawrence showed off her trademark goofiness while posing for photos with Harry Potter star Emma Watson, grabbing Watson's face and shoving it away playfully. That's our girl.

Sofia Vergara

No ifs, ands, or butts, Sofia's got what True Blood star wants

Sofia Vergara apparently didn't want to stay single for long, as the Colombian beauty is reportedly dating True Blood star Joe Manganiello, according to People magazine. "They just started hanging out," a source says, though reps for both are keeping quiet about any shenanigans. Manganiello made no secret about his finding Vergara attractive while she was engaged to ex-fiancé Nick Loeb, though. "There was a picture someone snapped at the White House Correspondents' Dinner where they caught me looking at Sofia Vergara's butt," he previously told People. "I don't go after other people's women. She's got a guy. If she was single, I would be like, poof!" And now he has apparently been like, poof.

The Word



Gibson takes the Mel out of mellowed

NED EHRBAR
Metro in Hollywood

Guys, seriously. Mel Gibson is super-tired of everyone always bringing up his past troubles — specifically that time he got popped for driving under the influence in Malibu, called a female cop some very colourful names and had a few things to say about the Jewish people. But that was, like, a long time ago. "It's behind me. It's an eight-year-old story," Gibson calmly explains to the Hollywood Reporter. "It keeps coming up like a rerun, but I've dealt with it and I've dealt with it responsibly and I've worked on myself for anything I am culpable for. All the necessary mea culpas have been made copious times, so for this question to keep coming up, it's kind of like … I'm sorry they feel that way, but I've done what I need to do."

Also on the list of things Gibson doesn't want to talk about? His upcoming projects. "There are specific things, but I don't want to talk about them, you know why?" he said during the warm and fuzzy chat. "Because every time I do somebody else goes and does it. It's a kind of industrial espionage thing and they do it badly for TV."

Kind of makes you wonder why he even sat down for the interview at all. Oh, right. Expendables 3 comes out next month.

Demi Lovato

Phone hack leaks are a tempest in a Demi-tasse for Lovato and Valderrama

There are apparently no hard feelings between Demi Lovato and Wilmer Valderrama after his phone got hacked last week, resulting in nude photos of Lovato making their way online — along with snarky comments calling the singer fat. But Lovato was all smiles beside Valderrama in photos posted to Instagram just a few days later of them hanging out in Las Vegas with some friends.

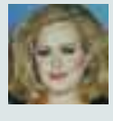
Child custody battle rattles Clay Aiken's congressman bid

Clay Aiken is eager to see his bid to become a North Carolina congressman through, but he may not like the scrutiny over his personal affairs his campaign is bringing — like a report that he's receiving monthly child support from his son Parker's mom, Jaymes Foster, as they continue a custody squabble over the 5-year-old boy, according to Radar Online. "The two have been in and out of court in Los Angeles over custody issues involving their son for the last two years. It's truly a sad situation. Clay and Jaymes used to be very, very good friends. She pays him a lot of money in child support each month," a source says.

Clay Aiken

Twitter

@kirstiealley
2 all of you who work out at 5:30 AM...I tried it. I'm never doing it again. You are stupid. I blame you for the worst morning of my life



@OfficialAdele
Everyone tweet a picture of yourself with water! Drinking, showering, cooking, cleaning...

@justinbieber
:)

Set your sights on a stunning Slovenian cycling adventure

Bike and beyond.
Think you're too old to withstand the rigours of an outdoorsy holiday? Nonsense!

RUTH ATHERLEY
life@metronews.ca

All you need is a reasonable level of fitness to pedal through Slovenia. COURTESY BIKEHIKE; AR GALLERY: BIKEHIKE

AUGMENTED REALITY

→ Want to see more ? Scan this photo with your Metro News app for a gallery of images of BikeHike's tours of Slovenia and Croatia.

→ See the full instructions on Metro's Voices page.

My first reaction to the idea of taking BikeHike's active adventure tour to Slovenia and Croatia (the Alps to Istria) was: "What?", "Where?" and "Why?"

While I am healthy and reasonably fit, I thought I might be too old (over 40) for an adventure tour.

I couldn't have been more wrong.

In fact, more and more people over 40, 50, 60 and even 70 are choosing tours that take you outside the gates of an all-inclusive and into an incredible, active, authentic and connected experience.

After all, 60 is the new 40!

The fact that BikeHike Adventures is celebrating their 20th anniversary this year tells me that they have a lot of experience with these types of tours.

This tour is defined as "moderate," which means you need a reasonable fitness level because you bike, kayak or hike for up to five hours per day.

The good news is that a support vehicle follows the group in case someone needs a break.

The activity level is enough to make you feel like you accomplished something (and appreciate the glass of wine or cold beer at the end of the day), but doesn't push you beyond your limits. It offers a good balance of activity, relaxation and time to explore local culture.

This eight-day group trip, one of BikeHike's most popular European tours, begins in Slovenia and wraps up in Croatia.

BikeHike's maximum on any trip is 12 people, with a minimum of two, so it is always a small group. The "land only" cost is $2,999 U.S. per person (with no single supplement). It covers almost everything once you are on the ground, including the tour guide, transportation of your luggage, support vehicle, bikes, kayaks, most meals and accommodation.

Slovenia and Croatia are largely undiscovered gems, which means it is still possible to have an authentic, "non-touristy" experience.

The regions visited on this tour are a culinary and wine lover's paradise. They could be compared to some parts of Italy for food, wine and history, but with their own unique and — as yet — undiscovered charm.

Along the way, there is an overnight stay in a mountain hut in the Julian Alps, hiking through green pastures and alpine mountains, cycling and several wine tastings through the Brda wine region (known as "Slovenian Tuscany").

This itinerary goes through lands of castles, vineyards, small white churches and friendly villages.

It is a perfect balance of the road less travelled and the opportunity to step into a magical world full of history and charm — one that hasn't been overwhelmed by tour buses and big groups.

In Croatia, there is more vineyard cycling on the legendary route of the Parenzana, called "The Railway of Wine" — with a rich history of its own. Visiting local villages and medieval towns along the route brings the past alive.

Meeting locals, making friends in the small tour group, and stepping into moments right out of history creates once-in-a-lifetime memories different from anything you could possibly expect.

Sometimes moving out of your comfort zone takes you into amazing experiences that you never could have imagined and, now, never want to forget.

AIR CANADA VACATIONS

Palace Resorts | AIR, HOTEL & TRANSFERS VIA TORONTO

Cancun/Riviera Maya, Mexico

Moon Palace Golf & Spa Resort ❀❀❀❀❀ PRIVILEGES
All-Inclusive • Deluxe rm. resort view
Jan. 6 - 8 & 13 - 15 , 2015 • 1 wk. • BONUS $1,500 RESORT CREDIT[2]
$1549
Add taxes & other fees: $350

Playacar Palace ❀❀❀❀❀ PRIVILEGES
All-Inclusive • Deluxe rm. resort view
Nov. 18 & 19 • 1 wk. • BONUS $1,500 RESORT CREDIT[2]
$1599
Add taxes & other fees: $350

PALACE RESORTS®
CANCUN • RIVIERA MAYA
ISLA MUJERES • COZUMEL

BOOK BY JULY 31 AND SAVE $500 per couple[1]

Moon Palace Golf & Spa Resort

aircanadavacations.com Call 1 866 529-2079 or your travel agent

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on July 9, 2014, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Regina International Airport in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. ■ [1]Valid on Air, Hotel & Transfer packages to Mexico and the Caribbean, for travel from Nov. 1, 2014 and completed by Apr. 30, 2015. [2]Book by Sept. 30, 2014, for travel completed by Dec. 23, 2015. One credit per room, per stay. Some restrictions apply. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

aeroplan

Making the most of shmoozing solo

Networking without a net. If you're off to a professional event without an entourage, it's best to prepare a plan in advance

JACQUELINE MARTINZ
TalentEgg.ca

For some people, it's a nerve-wracking situation. Others don't like the small talk.

Even if they make you cringe, networking events are extremely valuable. They are an opportunity to explore the career options in a profession by speaking to those already working in it — and start making professional connections.

Here are a few tips that might also help you.

Do some extra preparation
Whether you're a seasoned networker or a networking novice, it can be a little intimidating to walk into a room full of strangers.

Help me hustle

If you have absolutely no idea where to start at an event, just ask the team who put it together.

If you're not used to attending events solo, spend extra time preparing. Try and set some tentative goals for the event. Are you looking to make a connection with a particular person or organization? Is there an industry career question you want to explore with an expert?

It's also a good idea to review your past work experience and identify some of your major accomplishments and interesting experiences — these can come in handy if a conversation ends up focused on you.

Talk to the event organizers
If you have absolutely no idea where to start at an event, just ask the team who put it together. Try to find out the names of the organizers online before attending the event — that way you know who to look for. Usually, you'll find the organizers near the entrance.

Introduce yourself and thank the organizers for putting the event together, then explain why you're attending.

There's a good chance the event organizers will have already connected with a number of people at the event. Ask if they're able to introduce you to someone who might be in your field or working at a company you'd like to learn more about.

Food for thought

Stand by the bar or near the snacks:

- Don't lurk in a corner! People will notice and you'll attract attention to yourself in a negative way.
- At networking events, most people will travel to the bar or food areas at least a few times. These locations are spots where you can easily start a conversation. Recommend a drink or snack option, and then proceed to introduce yourself.
- If you'd like to hear more from someone about their company or get career advice, ask if they'd like to join you at a table to continue the conversation. If the person has coworkers or friends at the event, tell them you'd appreciate being introduced so you can learn more about different facets of the industry.

Entering any networking event with a clear objective will help you act with purpose. Then you won't have to wait awkwardly for conversations to come to you. ISTOCK

Be bold and approach a table
Remember, the purpose of a networking event is to meet new people and increase your connections. There is no reason to be afraid to approach others.

Try to find a table with a couple of empty chairs and politely ask if you can join the group.

Introduce yourself, and contribute to the conversation.

Make sure to listen attentively and ask engaging questions — don't make the conversation about you.

When you decide it's time to leave, don't get up and walk away. Take a little time to say goodbye to people you had promising conversations with, and make sure you get the contact information of people you would like to connect with later. And don't forget, be sure to always thank the organizers as you leave the event.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Frittata Fingers will make you forget forks

Dinner. Cut it up or keep it whole, no matter how you slice it, this easy meal will satisfy everyone at your table

DINNER EXPRESS
Emily Richards
food@metronews.ca

Change things up for a fun and casual dinner that your family will love.

Bake this frittata and cut it up into finger size pieces to serve up as an appetizer or to pack up in a container to take on the road. You can also leave the frittata in larger pieces for the adults but young kids will love the ease they can pick up their dinner with.

Serve them up with a salad for some added crunch and freshness. With sweet raspberries in the salad you'll have a delicious ending to your day.

Ingredients

Frittata Fingers
- 2 tsp (10 ml) extra virgin olive oil
- 2 potatoes, diced
- 1 onion, diced
- 1 green pepper, diced
- 2 cloves garlic, minced
- 3 eggs
- 3 egg whites
- 1 tbsp (15 ml) chopped fresh oregano
- 1/4 tsp (1 ml) black pepper

Fresh Raspberry Salad
- 8 cups (2 l) spring mix greens
- 1 shallot, thinly sliced
- 1 carrot, shredded
- 2 cups (500 ml) raspberries
- 2 tbsp (25 ml) extra virgin olive oil
- 1 tbsp (15 ml) red wine vinegar
- 1 tbsp (15 ml) chopped chives
- 1/2 tsp (2 ml) Dijon mustard
- 1/4 tsp (1 ml) pepper
- 1/3 cup (75 ml) slivered almonds, toasted

This recipe makes six servings. EMILY RICHARDS

1. In 10 inch (25 cm) ovenproof nonstick skillet, heat oil over medium heat and cook, stirring often, potatoes, onion, pepper and garlic for 10 minutes.

2. In a bowl, whisk eggs and egg whites, oregano and black pepper. Pour evenly over vegetables in skillet and move around for egg to sink to the bottom. Place in preheated 375 F (190 C) oven 12 minutes or until knife inserted in centre comes out clean and top is light golden. Run spatula around edge and gently slide the frittata onto cutting board; let cool slightly. Cut into 12 fingers.

Fresh Raspberry Salad
1. In bowl combine spring mix, shallot, carrot and half of raspberries; set aside the other half.

2. Place remaining raspberries in a fine mesh sieve and using spatula press through into a small bowl to remove seeds. Discard raspberry seeds. Whisk in oil, vinegar, chives, mustard, and pepper into the raspberry puree. Drizzle over salad greens and toss to coat. Sprinkle with almonds.

LMS REINFORCING STEEL GROUP
Special Project - We're Hiring!

REBAR INSTALLERS NEEDED 24HR CONCRETE GRAIN SILO FORM POUR
NORTH VANCOUVER - ACCOMODATIONS PROVIDED
Be part of a landmark project, recognized throughout Vancouver, then Come back to grow with us at LMS Reinforcing Steel Group! Our City infrastructure could not be built without experienced professionals like YOU!

Project Duration
July 21st - July 28th, 2014
Job Vacancies 50
Shifts:
DAY 7AM - 7PM NIGHT 7PM - 7AM
PREMIUM RATE PAID
Benefits:
Accomodation
(if you reside out of North Vancouver area)
Meals Provided
(During Shifts)
Completion Bonus
(if all 7days of 12 HR shift is completed)

Requirements:
Looking for Dependable & Hard working professionals who can commit to: 7 to 8 Straight days (Monday - Monday) of 12 HR shifts *See below for either Days or Nights.
APPLICATION REQUIREMENTS:
Send your Letter of intent/ interest and point form resume (outlining your previous experience transferrable skills) and preferred shifts (DAY or NIGHT)
Via Careers@lmsgroup.ca OR Fax: 604.572.6139
Quote: "SILO-July2014" in subject line. We thank all applicants for their interest, however only those who clearly outline the application requirements above will be contacted toward future screening.

NHL

Senators keep Grant in the mix

The Ottawa Senators have re-signed defenceman Alex Grant to a one-year, two-way contract.

Grant, 25, was acquired by Ottawa from the Ducks in exchange for forward Andre Petersson on March 5. Following the trade, he was assigned to Binghamton of the American Hockey League, where he recorded 10 points (two goals, eight assists) and six penalty minutes over 19 games. THE CANADIAN PRESS

Tour de France

Kittel adds to his stage win total

Marcel Kittel sprinted to his third stage victory at the Tour de France on Tuesday, while defending champion Chris Froome had a scare in a crash that scuffed his left knee and elbow and injured his wrist.

Astana team leader Vincenzo Nibali of Italy retained the yellow jersey. THE ASSOCIATED PRESS

NBA

James tight-lipped about meetings

LeBron James held meetings for more than three hours in a Las Vegas hotel Tuesday, leaving without giving any indication of what team he'll play for next season.

The four-time MVP declined to say who he had met with on Tuesday or whether he had made a decision about where he'll play next. THE ASSOCIATED PRESS

The semifinal of schadenfreude

World Cup. Germans break hearts of a nation after breaching Brazilian defence early and often

Brazil's Oscar falls to the pitch as the Germans celebrate their 7-1 win on Tuesday at Mineirao Stadium in Belo Horizonte. ROBERT CIANFLONE/GETTY IMAGES

With Neymar out injured, just about everyone in Brazil knew it would be tough against Germany.

Nobody ever expected this.

The Germans tore apart Brazil's porous defence time and time again Tuesday, routing the hosts 7-1 in the World Cup semifinals, the largest margin of defeat at this stage in the history of the tournament.

"We wanted to make the people happy ... unfortunately we couldn't," said Brazil defender David Luiz, who had scored in each of the last two matches. "We apologize to all Brazilians."

The astounding scoreline is sure to overshadow Miroslav Klose's record-setting 16th career World Cup goal. The strike pushed Klose past Brazil great Ronaldo, who was at the Mineirao Stadium on Tuesday as the Germans advanced to their eighth World Cup final.

Germany will face either Argentina or the Netherlands on Sunday at the Maracana Stadium in Rio de Janeiro with a chance to win for the fourth time.

Brazil was playing without Neymar, who was ruled out of the tournament with a broken vertebra, and suspended captain Thiago Silva.

The atmosphere at the start of the match was spine-tingling, but the euphoria of the yellow-shirted thousands soon turned to tears as the Germans scored five goals in the first 30 minutes — four of them in a seven-minute span.

Semifinal

7	1
Germany	Brazil

The loss matched Brazil's most-lopsided defeat ever, and it's the first time the team has lost in an official competitive match on home soil since 1975, when Peru won 3-1.

Toni Kroos and Andre Schuerrle scored two goals each, while Thomas Mueller and Sami Khedira added the others. Oscar pulled a late goal back for Brazil.

"Brazil was shocked after the goals. They did not expect that. They did not know what to do," Germany coach Joachim Loew said. "Their defence was not organized. A little humbleness would not hurt now." THE ASSOCIATED PRESS

AUGMENTED REALITY

→ Scan the image with the Metro News app to view more images of Tuesday's game.

→ See the full instructions on Metro's Voices page.

metro AR

CFL clubs having trouble filling seats

The poor turnout for the Argonauts' home opener last Saturday, when only 17,758 showed up, is not a problem just in Toronto.

Across the CFL, attendance at home openers fell from last season, even in traditional strongholds such as Winnipeg, Edmonton and Saskatchewan.

Of the nine teams, only Hamilton and Ottawa have yet to have a home date for 2014, although the expansion Redblacks have announced that their home opener against the Argos on July 18 in 24,000-seat TD Place is sold out.

The lousy attendance for the Roughriders, who drew the smallest home crowd since 2001 when 18,496 showed up, has much to do with the fact the game was played on a wet and windy day.

After four games, attendance was averaging 23,704 across the league. In 2013, average attendance overall was 27,006, so there is hope the crowds will grow throughout summer.

Waning attendance

The following crowd numbers for the seven home openers across the league in the first two weeks of the season all show declines, with 2013 numbers shown in brackets:

- Toronto, 17,758 (29,852)
- Vancouver, 24,524 (25,255)
- Edmonton, 30,714 (35,869)
- Winnipeg, 24,872 (33,500)
- Calgary, 26,135 (26,625)
- Montreal, 20,018 (22,134)
- Regina, 19,285 (35,296)

Of course, it's far too early to indicate any trends.

Yet it is hard to reason why so few spectators turned up at the Rogers Centre on Saturday. The conditions were perfect. It was a warm, sunny day and the top was open. It was an odd starting time, however, with a 3 p.m. kickoff.

You could argue that sports fans were more interested in watching a World Cup match between the Netherlands and Costa Rica. If soccer is a conflict, the Argos may face more challenges this Saturday when they go head-to-head with Toronto FC at BMO Field. TORSTAR NEWS SERVICE

4 SPORTS

2014 Honda Odyssey

- **Type.** Four-door, 7- or 8-passenger full-size minivan
- **Engines (hp).** 3.5-litre V6 with cylinder deactivation (248)
- **Transmission.** Six-speed automatic
- **Base price.** Base $29,990, as-tested $32,045 (plus destination)

Market position

Only a handful of competitors remain in this segment, and manufacturers offer numerous features — along with incentives — to woo buyers away from alternatives. Honda scores with an excellent powertrain and roomy interior.

Points

- The top-line Touring includes an integrated vacuum cleaner to handle the inevitable minivan messes.
- Improvements to the 2014 model include minor styling changes, four-way power passenger seat on all models, and on the EX and up, a blind-spot display that shows up in the centre screen.
- The set-back front centre console leaves enough floor space so a purse or pack can be kept within easy reach.

The Odyssey handles extremely well, offering a car-like ride.

Interesting features

Rear-view camera, second-row climate controls, eight-way power driver's seat, Bluetooth streaming audio, front-seat anti-whiplash head restraints, three-row curtain airbags with rollover sensor.

This isn't your mother's minivan

PHOTOS: JIL MCINTOSH

Review. The Honda Odyssey offers light steering, a smooth, car-like ride and decent fuel economy

JIL MCINTOSH
drive@metronews.ca

At one time, minivans were the top choice for family vehicles, but they fell out of favour as buyers went to SUVs and crossovers. Still, you can't beat them for moving a full load of passengers and cargo, and Honda's Odyssey is a standout.

It's pricey, ranging from $29,990 for the base LX to a high of $48,050 for the top-line Touring, but you do get a lot of features for the money. My tester was the SE, the next trim up from the base model, at $32,045.

The Odyssey uses a 3.5-litre V6 engine with a nifty cylinder deactivation feature. When you don't need full power, such as when you're cruising at a steady speed, the engine can run on four or even three cylinders to save fuel. It happens automatically, and so smoothly that it's almost impossible to feel the engine switch over. I averaged just 9.2 L/100 km in it, which is pretty good for a van this size, especially since I drove it most of the time with it loaded up.

Part of that fuel economy is also due to its six-speed automatic transmission, which is now used on all trim lines. On the 2013 models, only the top-end Touring had it, with all others using a five-speed automatic.

For its size, this minivan handles extremely well, with light but accurate steering, and a car-like ride that's smooth, but not so soft that it wallows around turns.

The Odyssey is definitely designed for practicality. There's a lot of room for accessing the third row, and the seats are very easy to fold flat when you need extra cargo space. The front console box can be taken out if desired, and the middle seat in the second row slides forward so those in the front can attend to a child in that seat.

Even the base trim line includes power front seats, a rear-view camera, Bluetooth, and USB interface. Before you automatically head to the SUVs, give the minivan one more look.

Compare PHOTOS: CONTRIBUTED

1 Dodge Grand Caravan
Base price: $27,995
The "original minivan" still scores on price and its exclusive fold-into-the-floor second-row seats.

2 Toyota Sienna
Base price:$29,120
Great performance and comfortable ride make this the Odyssey's closest competitor, but it can get pricey.

3 Kia Sedona
Base price: $28,695
Expect deep discounts on 2014s in preparation for the all-new 2015 model's arrival.

What not to pack for a fun-filled summer road trip

With less stuff to distract you, you can appreciate that view. ISTOCK

When in doubt, leave it out. For the ultimate journey, ditch the whiney teens, bulky blankets and messy food

AUTO PILOT
Mike Goetz
drive@metronews.ca

There's nothing like a summer road trip with family and/or friends. The emotional highs and lows, the bonding, the making of mutual memories, and the one person that always seems to ruin it for everyone else — but who you all forgive at a later date because time heals all wounds and the distance lets you see some of the humorous aspects in all the conflict that went down.

And to help you get the most out of your next road trip, we've assembled a short list of things not to bring, because the list of things to bring has been done to death. Like how many times do you have to be reminded to bring along a variety of healthy snack options and some hand wipes?

People always bring too much stuff anyway, even if it's good stuff. I remember opening the side door of a minivan we rented in California once, and having to spend a few minutes rearranging things, just to find the kids!

The other aspect of "packing heavy" that just doesn't make any sense is packing "just in case" stuff that is readily accessible in the retail establishments lining the roadways you're actually traveling on. The vehicle doesn't have to be a completely self-contained ecosystem. You're not going to Mars; you are allowed to get out once in a while and buy things.

Okay, now on to more specific things you should not consider when packing for your next road trip, to help out your odds of making it a great one:

• Teenagers. If they want to stay home, let them.

• Dental floss, nail clippers, and hairbrushes. Okay in the trunk, but not where it might be accessible during drive time. Personal hygiene is not a spectator sport.

• Food you don't like. Because at some point, you will eat it, either out of hunger or boredom.

• Llamas. All big mammals are hard to travel with, but especially llamas.

• Just enough chewing gum for 80 percent of your passengers.

• Bulky blankets and pillows that will contribute to, and complicate, backseat border disputes.

• Over-folded maps that are now unreadable in the exact places you are headed.

• Any type of food product that, when spilled, will eventually find its way to the dark places where your car seats are bolted to the floorpan. Once there they cannot be retrieved. They will start nesting and multiply. Not saying don't bring Cheerios, but Cheerios are this type of food.

• Feet. If you can, leave feet at home. Feet are the first appendages that get antsy when cooped up too long; then they show up on the dash, in other people's personal space, and then out the window, hindering aerodynamics.

• Any CD or music selection that your fellow passengers have repeatedly told you is not their favourite and/or one that hasn't changed since Brian Mulroney was prime minister.

These are just a few suggestions. I'm sure you can generate your own list, and one more specific to the gang you'll be traveling with. But always remember the general rule of thumb for packing light: When in doubt, leave it out.

Quoted

"You're not going to Mars; you are allowed to get out once in a while and buy things."

Mike Goetz, auto columnist

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Footfall customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). ^ Ford Employee Pricing ("Employee Pricing") is available from July 1, 2014 to September 30, 2014 (the "Program Period"), on the purchase or lease of most new 2014/2015 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway body models, F-150 Raptor, F-650/F-750, Mustang Shelby GT500, 50th Anniversary Edition Mustang and all Lincoln models). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any Unifor/CAW negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPC, CFIP, Daily Rental Allowance and A/V/Z/D/F-Plan programs. * Until September 30, 2014, purchase a new 2014 F-150 XLT SuperCab 4x4 5.0L/ F-150 XLT SuperCrew 4x4 5.0L | Jnr [$30,900/$31,815] after Ford Employee Price adjustment of [$1,348/$1,114] deducted. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$4,598/$4,864] and delivery allowance of [$4,750/$4,250]. Offer includes charges for freight and air tax [$1,800/$1,800] but excludes options, Seven Levy (if applicable), license, fuel fill charge, insurance, dealer PDI, PPSA (if financed or leased) administration fees, and any other applicable environmental charges/fees and taxes. All prices are based on Manufacturer's Suggested Retail Price. + Until September 30, 2014, receive [$3,385/ $4,610)/ [$3,915/ $5,255)/ [$2,510/ $4,516)/ [$1,755/ $3,977)/ [$2,749/ $9,895)/ [$3,640/$4,275)/ [$735/$1,614/ $14,395)/ [$10,140/ $11,499)/ [$10,400/ $11,781)/ [$2,200/ $2,735/ $2,235/$3,230)/ [$3,675/$5,014)/ [$1,370/ $2,779/ $3,230/$3,459)/ [$1,070/ $1,585/$1,695/ $4,344)/ [$2,680/ $8,631)/ [$1,595/ $6,388)/ [$1,945/ $2,645)/ [$2,065/ $4,328)/ [$8,280/ $11,620)/ [$8,554/$11,942)/ [$605/$1,969)/ [$1,140/$3,526)/ [$1,250/$4,760)/ [$3,107/$4,278)/ [$1,090/$2,598)/ [$3,340/$6,360] in total Ford Employee Price adjustments with the purchase or lease of a new 2014 E-Max | Hybrid SE/Energi SE)/ E-Series | E-150 Commercial Cargo Van/ E-350 Super Duty XLT Extended Wagon)/ Edge | SE FWD/ Sport AWD)/ Escape | S FWD/ Titanium 4x4)/ Expedition | SSV 4x4/ Max Limited 4x4)/ Explorer | Base FWD/ Sport 4x4)/ F-150 | Regular Cab XL 4x2 6.5' box 126" WB/ XLT 4x4 Supercrew 5.5' box 145" WB and 6.5' box 157" WB/ Super Crew Platinum 4x4 5.0L 5.5' box 145" WB and 6.5' box 157" WB/ Super Crew Limited 4x4 5.5' box 145" WB/ F-250 | XL 4x2 SD Regular Cab 8' box 137" WB/ Lariat 4x4 SD Crew Cab 8' box 157" WB/ F-350 | XL 4x2 SD Regular Cab 8' box 137" WB/ SRW Lariat 4x4 SD Crew Cab 8' box 157" WB DRW)/ Fiesta | S Auto/ Titanium/ SS/ S Manual)/ Flex | SE FWD/ Limited AWD)/ Focus | S auto Sedan/ Titanium Hatchback/ SE/ Electric Base)/ Fusion | S FWD Sedan/ Titanium/ Hybrid Titanium/ Energi Titanium)/ Mustang | V6 2 door coupe/ GT 2 door convertible)/ Taurus | SE FWD/ SHO AWD)/ Transit Connect | XL cargo van/ Titanium Wagon)/ Transit Series | Transit-150 Base Low Roof 130" WB/ Transit-350 XLT High Roof HD Extended-Length Wagon]. Total Ford Employee Price adjustments are a combination of Employee Price adjustment of [$2,085/ $3,180)/ [$3,585/ $5,255)/ [$1,760/ $3,766)/ [$1,255/ $2,977)/ [$4,749/ $6,895)/ [$3,640/ $4,275)/ [$735/ $4,864/ $3,649/ $8,161)/ [$3,899/ $7,099)/ [$4,157/ $7,511)/ [$530/ $1,425/ $1,975/ $530)/ [$1,675/ $3,864)/ [$630/ $2,029/ $2,480/ $2,955)/ [$1,120/ $2,835/ $2,945/ $3,994)/ [$1,180/ $4,387)/ [$1,595/ $4,388)/ [$1,945/ $2,645)/ [$2,065/ $4,328)/ [$4,838/ $7,310)/ [$4,304/ $7,662)/ [$605/$1,969)/ [$1,140/$3,526)/ [$1,250/$4,760)/ [$1,170/$4,278)/ [$1,890/$2,598)/ [$3,340/$6,260] and delivery allowance of [$1,500)/ [$0)/ [$750)/ [$500/$1,000)/ [$1,000)/ [$0)/ [$0/ $6,750/ $6,750/ $6,750)/ [$6,250)/ [$6,250)/ [$750/ $750/$750/ $2,200)/ [$2,000)/ [$750/ $750/$750/ $500)/ [$750)/ [$1,500/ $4,250)/ [$0/ $2,000)/ [$0)/ [$0)/ [$4,250)/ [$4,250)/ [$0)/ [$0)/ [$0)/ [$0)/ [$0] – all chassis cab, stripped chassis, cutaway body, F-150 Raptor, Medium Truck, Mustang Boss 302 and Shelby GT500 excluded. Employee Price adjustments are not combinable with CPA, GPC, CFIP, Daily Rental Allowance and A/V/Z/D/F-Plan programs. Delivery allowances are not combinable with any fleet consumer incentives. ‡ F-Series is the best-selling pickup truck in Canada for 48 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales reports, up to December 2013. ^^ Based on 2007 - 2013 and YTD April 2014 R. L. Polk vehicle registrations data for Canada in the Large Premium Utility, Large Traditional Utility, Large Utility, Medium Premium Utility, Medium Utility, Small Premium Utility, and Small Utility segments. ©2014 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under license. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.

Spreading my wings on a new Thunderbird LT for Bike Week

Strong, solid and smooth. A test ride from the Daytona Pier turns up plenty of admirers for long touring bike

MARISSA BAECKER
drive@metronews.ca

It is easy to confuse the 2014 Triumph Thunderbird LT, a European import, with its North American cruisin' cousins.

The Triumph measures up so closely that during Bike Week in Daytona Beach, it is easily lost in the sea of glistening chrome creatures sunning themselves curbside.

My U.K. touring treasure, retailing for $17,999, camouflaged as an American road king with its trio of headlights, world's first radial white wall tires mounted on wide wire-spoke rims, heritage styled front fender and quick release saddlebags.

Throw a leg over this low-riding bagger, turn the key, push start and the differences soon take over.

I headed for the highway from the Daytona Pier at the foot of Atlantic Avenue and made my inaugural ride up the infamous Main Street.

I turned the heads of onlookers whose eyes caught my Triumph, as opposed to hearing it. With the never-ending drone of Reinharts or Vance & Hines, my quiet Thunderbird made a statement in silence with its twin-skin stainless steel 2 into 1 into 2 chrome-plated exhaust.

Riders began to roar as throttles opened up on the approach to the Main Street bridge running over the Halifax River. My Thunderbird spread its wings right past the "Please Ride Quietly" sign as I chuckled to myself.

Riding down the Florida freeway, I shifted smoothly through the belt-driven six-speed transmission without any unwanted shake or rattle as I rolled. The shifts were smooth and consistent with immediate response from the lower RPM torque — 111 ft-lb at 3550 RPM.

The liquid cooled 1699cc parallel twin powering this beast is the world's largest for a motorcycle and offers up 93 HP. Created in 2009 when the original Thunderbird was introduced, it is shared in the Triumph line-up with the Thunderbird Storm.

Housed on the 5.8 gallon tank is the dash console offering an easy to read (even in the mid-afternoon sun), analogue speedometer and fuel gauge, digital dual trip, odometer and clock scrolled through by handlebar switch.

As I watched the speedo creep up close to 70 mph, I was thankful for that extra protection that the large quick release windshield and side draft deflectors offered. Even at high speeds, the Thunderbird was strong, solid and smooth.

My Triumph was to be returned after a good night's sleep but not before I took advantage of catching an Atlantic sunrise on the white sand of Daytona Beach.

Marissa Baecker takes in the sunrise in Daytona Beach, Fla., from the saddle of the 2014 Triumph Thunderbird LT. BRENDA KNIGHT

Ride in comfort

With the Thunderbird LT, there is no reason to call it a day before the sun goes down.

- **Triumph has redesigned the saddle. With a low seat height of approximately 27 inches (700 mm), more backside room has been created, with additional padding (an extra 30 mm of seat foam) plus added lumbar back support.**
- **Accenting the ride comfort are ergonomic foot controls, heel/toe shifter and brake pad on full floorboards (floorboards for the passenger as well) and highway pegs.**

novus Glass
Repair & Replacement
STONE CHIP
REPAIR SERVICE AVAILABLE
NO APPOINTMENT NECESSARY
The clear choice in glass repair and replacment.
A chipped windshield could develop a crack at anytime-and often when you least expect it. That's why it's important to repair a windshield chip as soon as you spot it.
260 ALBERT STREET • 306.525.6444
novus@sasktel.net • www.novusregina.com

Man-powered scooters drive commerce in DRC

What do you do when you need to deliver several hundred pounds of potatoes, 150 stalks of sugar cane, 30 eucalyptus saplings and eight sacks of coal, without motorized transport?

For residents of Goma, in the war-scarred east of the Democratic Republic of Congo, the answer to this, and many other problems, is the tshukudu.

A local but highly efficient tradition, the man-powered wooden scooters are everywhere on the paved highways and dusty side streets of Goma, holding their own with the motorcycle taxis.

They're operated by a group of 1,500 proud, often burly men who not only have their own union but saw a giant, gold-coloured statue erected in their honour a few years ago in this capital of North Kivu province, on the border with Rwanda.

"The tshukudu is our whole life," said driver Damas Sibomana.

Their vehicles, pronounced "chookoodoo", measure about two metres (more than six feet) long, have wide handlebars and a raised front wheel. They balance improbably large loads, as the tshukudeurs — as the drivers are known — push their vehicles along almost as much as they "drive" them.

Men drive tshukudus in the Democratic Republic of Congo. AFP

Many drivers live outside the city and their day begins by transporting agricultural products grown in the verdant hills to the north, which feed the city's markets. The good news? It's downhill.

Once in the city centre the drivers await further orders for deliveries or return, again fully loaded, back to their starting point.

Jean-Marie Firiki gets up at 4:00 a.m. but his descent stops in Kibumba, 30 kilometres to the north of Goma, which boasts of being the tshukudu's birthplace. The 35-year-old works as a tshukudeur at dawn and builds the machines during the day.

"A decent tshukudu costs $50," Firiki said. "But the cost of a beautiful one can be $80-100." — quite a sum in DR Congo, where the majority of people live in extreme poverty.

But the boon is no fuel costs, and driver Sibomana says they can earn $10 on a good day.

There are no machines in the workshop that Fikiri shares with other craftsmen. Like most of the country, Kibumba has no electricity supply. The men work the wood — here it's eucalyptus — with a handsaw, a chisel, a plane and some sandpaper. It takes two days for a craftsman to make one scooter.

The first tshukudus were made entirely of wood and the wheels were greased with palm oil several times a day to keep their gears from seizing up. AFP

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Follow your instincts wherever they take you and don't worry that you can't yet see your ultimate destination. It's the journey that matters.

♉ Taurus
April 21 - May 21
The grass often looks greener on the other side but the planets warn you should stay right where you are. If you are thinking of changing your job, you are advised to think again.

♊ Gemini
May 22 - June 21
Try not to be suspicious if someone offers you what you really desire today. It could be a trick, but it they could also just want to see you happy.

♋ Cancer
June 22 - July 23
Things may seem dull but that will soon change. The full moon in Capricorn on Saturday will compel you to get serious about something that could change your life.

♌ Leo
July 24 - Aug. 23
Try something you have not tried before. The Sun's link with Saturn, planet of success, indicates that if you make an effort you will accomplish something out of the ordinary.

♍ Virgo
Aug. 24 - Sept. 23
If you've fallen behind in your work, now is the time to catch up. The planets will give you the energy to get things done but don't go too far.

♎ Libra
Sept. 24 - Oct. 23
Others may tell you that your recent good fortune was pure luck but you know better. You are the kind of person who is never satisfied with things as they are. Keep reaching.

♏ Scorpio
Oct. 24 - Nov. 22
At home and work you'll have to watch what you say over the next 24 hours as there are some fragile egos out there. You don't need to make more enemies. Think before you speak.

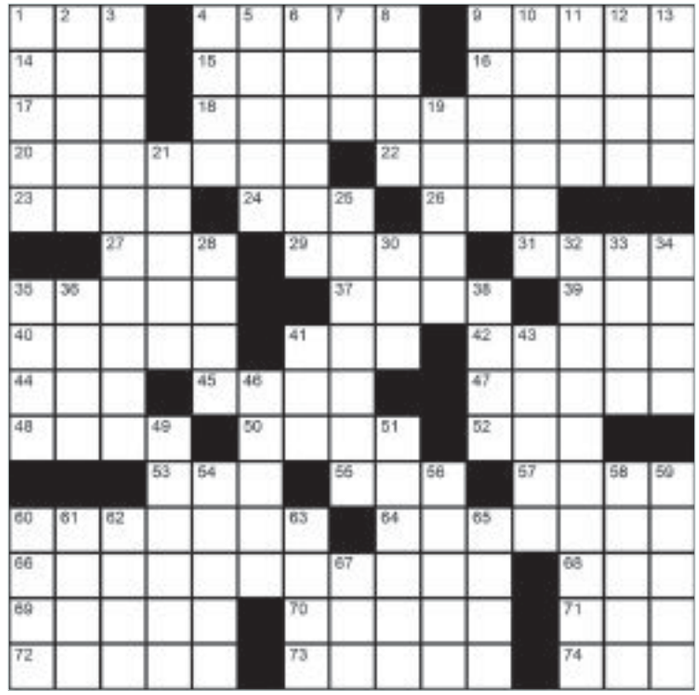
♐ Sagittarius
Nov. 23 - Dec. 21
You may have to get tough, especially when dealing with people who try to play down your achievements, but you'll make a good impression on those who matter.

♑ Capricorn
Dec. 22 - Jan. 20
You don't need to change direction, no matter what people might say. You are where you are meant to be and you are following the path that was designed for you.

♒ Aquarius
Jan. 21 - Feb. 19
The tighter you hold on to something over the next few days, the more painful it will be when the full moon takes it from you during the weekend.

♓ Pisces
Feb. 20 - March 20
If you give up on a project now you will regret it later in the year when you realize how close you were to success.

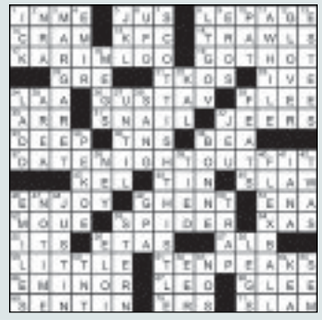
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Mil. rank
4. Swedish cars
9. Islamic leaders
14. Irish actor Stephen
15. Permeate
16. Volume units
17. Vase
18. Father of Confederation who has a Toronto college named after him: 2 wds.
20. Patrick of "The Red Green Show"
22. Summery shoes
23. Sweat droplet
24. 'Sub' finisher (Residential area)
26. Compass dir.
27. US teeth docs org.
29. Stupefy
31. __ and void
35. Pesto ingredient
37. __ me tangere (Touch-me-not)
39. New
40. Some Miller beers
41. SSW's opposite
42. E-Mail: Multiple-people-sending
44. "__ to Newfoundland" (The Rock's provincial song)
45. Herman Melville tale
47. Breaching beasts
48. Nunavut, e.g.
50. Curve
52. No
53. 'Eight' ender
55. Ms. Ripa, briefly
57. Frosted
60. "Well done!": 2 wds.
64. Another type of performer at #32-Down
66. Montreal's Mount Royal is part of the __ Hills
68. Pique
69. Stand-up
70. Judy Garland's daughter Ms. Luft
71. Aussie songstress
72. Paper piece
73. Jumbo
74. Keanu character

Down
1. Cookie droplet
2. __ Rock (Gulf of St. Lawrence attraction)
3. Ontario cheese which is Frome's (a British cheese show since 1861) reigning Global Supreme Champion
4. Billboard
5. "Can I have _ __ please?" (Diner's request)
6. On the ship
7. Office, briefly
8. Portions, briefly
9. Literary IDs
10. 'See History Unfold' city in southern Manitoba
11. Old World buffalo
12. Whimper
13. US IDs
19. Painting stand
21. "The Munsters" son
25. Fry bread of Inuit cuisine
28. Too
30. Ms. Saldana
32. Edmonton International Street Performers Festival type of performer
33. Ms. Dunham
34. Chopped tree parts
35. Ink stain
36. Parliament Hill worker
38. PC picture
41. Scand. land
43. Late night's Mr. Ferguson
46. Nobleman's home
49. Power suit accessory: 2 wds.
51. 1976 Joni Mitchell album taken from the Arabic word for Muhammad's journey from Mecca to Medina
54. Expel
56. Reality star Ms. de Lesseps
58. Uncanny
59. Apprehension
60. Lettered trucks
61. "Wooow!"
62. "Lean __ __" by Bill Withers
63. Brussels is its cap.
65. Fly type
67. "There but for the grace of God, __ _."

Yesterday's Crossword

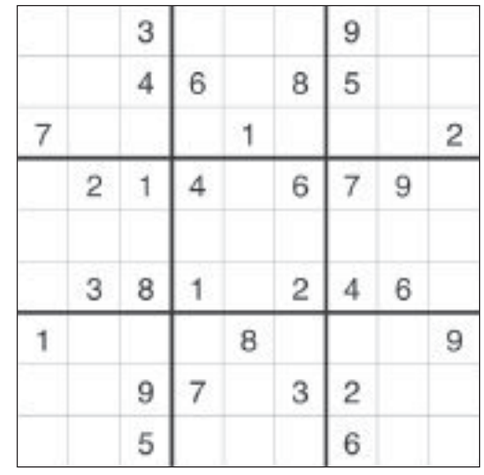


Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

1	6	5	7	3	4	2	9	8
7	3	8	1	2	9	4	5	6
9	4	2	8	6	5	7	3	1
6	1	7	5	8	3	9	2	4
4	5	9	6	1	2	8	7	3
2	8	3	9	4	7	6	1	5
8	9	4	2	5	1	3	6	7
3	2	1	4	7	6	5	8	9
5	7	6	3	9	8	1	4	2

RG SMOKE SHOP
Your Onestopshop Downtown
E-cigs • Water and Hookah Pipes • Shisha • All accessories
Open 7 days a week to serve you better
1861 Broad Street | 306-988-0249

THE HANDY POCKET VERSION!
Get the news as it happens
Download the Metro News App today at metronews.ca/mobile
metro

NORTH AMERICAN INDIGENOUS GAMES 2014
REGINA · SASKATCHEWAN

2014 JEUX AUTOCHTONES DE L'AMÉRIQUE DU NORD
REGINA · SASKATCHEWAN

LANCE RUN

LE PARCOURS DE LA LANCE

The Regina 2014 North American Indigenous Games (NAIG) Lance Run will be coming through your community! The Lance Run will be travelling around the province with indigenous youth runners beginning July 1st and ending at the Opening Ceremony of the Games on July 20th in Regina. Events may include entertainment, meals and an opportunity to meet our youth runners and NAIG Symbols.

COME OUT AND JOIN THE FUN!

Le Parcours de la Lance des Jeux autochtones de l'Amérique du Nord (JAAN) de Regina 2014, sera de passage dans votre communauté. L'itinéraire du Parcours de la Lance passera dans toute la Province, avec des jeunes coureurs autochtones; ce qui va débuter le 1er juillet jusqu'à l'arrivée à Regina pour la Cérémonie d'Ouverture du 20 juillet. Un divertissement sera inclus, ainsi que des repas. Vous aurez l'occasion de rencontrer ces jeunes coureurs et les symboles des JAAN.

REJOIGNEZ-NOUS ET AMUSEZ-VOUS!

YouTube

The Games are funded by: Les Jeux sont financés par:

Canada
Government of Saskatchewan
City of Regina | REGINA